

The Spirit *of Atonement*

SEPTEMBER 2025

From Your Pastor...

Dear Sisters & Brothers in Christ,

Lord, you have called your servants to ventures of which we cannot see the ending, by paths as yet untrodden, through perils unknown. Give us faith to go out with good courage, not knowing where we go, but only that your hand is leading us and your love is supporting us; through Jesus Christ our Lord. Amen.

Lots of things have happened in the last month. Some was with a little apprehension with the speed we were moving ... with the school year in our windshield as well as the new Council and School Board was just coming on board, but we finished with a flash.

As I'm writing this, our School started its 25/26 School Year with a chapel service and welcoming all of our students to the new year on Wednesday 20 August'25. There was lots of anticipation and energy as the school year started.

The Town Hall that we conducted on Sunday 27 July'25 had introduced a significant number of teams that were needed all from the Council/School Board Retreat that we held on Saturday 27 June'25. Some of those teams are up and running with some great energy as they look to our future. And as I'm writing this, I know that by the time you read this, you will have already been briefed on our progress.

As I'm sitting here with fingers and hopefully my brain on the keys, I'm looking at the title of the very first sermon I preached here after becoming your Interim Pastor this past March, "God is Making All Things New"! God is indeed leading us as we start this journey of implementing the vision of reaching into our community with new and different ways of serving them with a new reshaped and rebuilt school and beginning a new Pre K program with Renders Hope, all of which you will have heard much more about by the time you read this.

Having been through a time of waiting, I'm enthused over where we are, and what we have ahead of us with the 75/70 Anniversary Team already excited about the upcoming year focused on the celebration in September of 2026. I'm sure you will be asked to participate on one of our many teams. Please say yes when asked. And thank you.

God is good and full of GRACE.

Peace and Blessings, Pr Larry





Seniors Alive

Monthly Meeting

Seniors (age 50 and over) are invited to monthly meetings in Fellowship Hall. The next meeting will be on Monday, Aug. 25 at 1:30 p.m. in Fellowship Hall.

Hillary Peppers brings fascinating tales of Missouri. Hillary is a Research Librarian at the St Louis County Library.

Tours

Watch for upcoming tours.

<https://www.alcs-web.com/seniors-alive>



Atonement Book Club

We would like to welcome you to our group of book lovers for fun and interesting discussions of a new book each month.

We meet on the second Sunday of the month—in the Family Room beginning at 1:30 p.m. Please enter through the back parking lot door.

On Sunday, Sept. 14, we will be discussing “*It Ends With Us*” by Colleen Hoover. This is a poignant novel that explores the complexities of love, abuse, and personal growth through the story of Lily Bloom and her tumultuous relationships.

Please join us! For more information or questions, please contact Jan Koch at njkoch@aol.com.



Rooted in Christ / Growing in Faith / Celebrating Our Journey

It is with gratitude for continued blessings that we prepare to celebrate 75 years of God’s grace to Lutheran Church of the Atonement and 70 years of learning through Atonement Lutheran School. Join us for a kick-off on Sunday, September 28 in worship and after worship in the Family Room. Many of us who love Atonement are planning for a year of celebrations culminating in a final event in September 2026! We hope you will plan to walk with us as we celebrate, serve in our community, and praise God for his goodness and grace.

Saturday, September 20 9 a.m. - 1p.m.

Fellowship Hall

Flu and Covid Shots, Blood Drive, Many other vendors.

Everyone Welcome!

See flyer on back page for details.



From Our Parish Nurse Joyce Pingel, L.P.N.

HEARING LOSS: A COMMON PROBLEM FOR OLDER ADULTS

Hearing Loss Is A Common Problem caused by noise, aging, disease, and heredity. People with hearing loss can find it hard to have conversations with other people. Nearly one in three people between the ages of 65 and 74 has hearing loss. Nearly half of people older than 75 have difficulty hearing. This can cause depression or withdrawal from others as people feel frustrated or embarrassed about not understanding what is being said. Cognitive abilities (including memory and concentration) decline faster in older adults with hearing loss. Treating hearing problems may be important for cognitive health.

Signs of Hearing Loss

You should see your doctor if you

- * Have trouble hearing over the telephone
- * Find it hard to follow conversations when two or more people are talking
- * Often ask people to repeat what they are saying
- * Need to turn up the TV or radio volume so loud that others complain
- * Have a problem hearing because of background noise
- * Think that others seem to mumble
- * Can't understand when women and children speak to you

Types of Hearing Loss

There are two general categories of hearing loss-

- * Sensorineural hearing loss occurs when there is damage to the inner ear or the auditory nerve. This type of hearing loss is usually permanent.
- * Conductive hearing loss occurs when sound waves cannot reach the inner ear. The cause may be wax buildup, fluid, or a punctured eardrum. Medical treatment or surgery can usually restore conductive hearing loss.

Sudden Hearing Loss- is a rapid loss of hearing that can happen to a person all at once or over a period of up to 3 days. You should visit a doctor immediately if this occurs.

Age-Related hearing Loss- comes on gradually as a person ages. It seems to run in families and can occur due to changes in the inner ear and auditory nerve. Age related hearing loss usually occurs in both ears and is a gradual loss of hearing.

Ring in the Ears (Tinnitus)- is also common in older people. It is typically described as ringing in the ears but can also sound like roaring, clicking, hissing, or buzzing. It can be intermittent, can be heard in one or both ears, and may be loud or soft. Tinnitus can also be a sign of other health problems such as high blood pressure, allergies, or a side effect of medications.

Causes of Hearing Loss

Loud noise is one of the most common causes of hearing loss. Loud noise also contributes to tinnitus. You can prevent most noise related hearing loss by turning down the sound on your radio, television, or headphones. Move away from loud noise or use earplugs or the ear protection to protect yourself.

Earwax or fluid buildup can block sounds carried from the eardrum to the inner ear. If wax blockage is a problem your doctor may suggest mild treatments to soften earwax.

Continued on page 4



Creation Care News

It's time to prepare for winter. Some of the following can/should be done now and some may have to wait, but make a list:

- Make sure that your furnace is running properly and efficiently. Have it checked professionally to avoid emergencies.
- Add any insulation that you had been promising to add.
- Caulk around windows as needed. Don't forget the basement windows.
- Before it freezes, drain the water lines that are exposed to the outside; that might include hoses. Frozen pipes and hoses can cause a lot of expensive and wasteful damage.

When we do things to save resources, we also save money.

Let's mother Earth. Got suggestions? jaimy19@hotmail.com

...Hearing, continued from page 3

A punctured ear drum can also cause hearing loss. The eardrum may be damaged by infection, pressure, or putting objects in the ear, including cotton swabs. See your doctor if you have pain or fluid draining from the ear.

Health conditions such as diabetes or high blood pressure can contribute to hearing loss. Other causes can be viruses, bacteria, a heart condition, stroke, brain injury or a tumor.

Hearing loss can also result from taking certain ototoxic medications used to treat serious infections, cancer and heart disease. Sometimes antibiotics are also ototoxic. Check with your doctor if you notice a problem while taking a medication.

Heredity can cause hearing loss as well. Not all forms of hearing loss take place at birth. Some forms show up later in life.

How to Cope with Hearing Loss

If you notice signs of hearing loss, talk to your doctor. If you have trouble hearing, you should:

- * Let people know you have a hearing problem
- * Ask people to face you and to speak more slowly and clearly.
- * Pay attention to what is being said and to facial expressions or gestures
- * Let the person know if you don't understand what was said
- * Find a good location to listen

The most important thing you can do if you think you have a hearing problem is to seek professional advice. Your family doctor may be able to diagnose and treat your hearing problem or refer you to other experts, like an otolaryngologist or audiologist.

Devices to Help with Hearing Loss

Your doctor or specialist may suggest you get a hearing aid. Assistive-listening devices and cochlear implants can help some people with hearing loss. Cochlear implants are electronic devices for people with severe hearing loss. Alert systems can work with doorbells, smoke detectors and alarm clocks to send you visual signals or vibrations. Talk with your doctor about what is right for you. You can learn more about hearing loss from the National Institute on Deafness and Other Communication Disorders (www.nidcd.nih.gov).



News from Atonement Lutheran School

“Behold, [I the LORD] make a new thing. It now springs forth. Is it not yet known to you? I will make a way in the wilderness and a river in the desert.” -Isaiah 43:19

We had a spectacular first several days of school for the 25-26 school year! I am beyond excited and grateful for the plans and new things God has in store for us here at Atonement Lutheran School and Church.

We are thrilled to introduce you to our faculty and staff:

Mrs. Jeri Dietz - Kindergarten
 Mrs. Amie Kenney - 1st and 2nd Grade
 Ms. Jada James - 3rd and 4th Grade
 Ms. Carolina Gonzales - 5th and 6th Grade
 Ms. Tatiana Williams - 7th and 8th Grade
 Señora Tamy Lay - Spanish
 Dr. Devan White - Music
 Mrs. Angie Kemper - School Office Manager
 Mr. Theodore Jander - Principal

We have officially begun our partnership with Render's Hope. We are jazzed to begin the revitalization of our preschool program and the Atonement Early Learning Center.

Current Enrollment: Total = 55

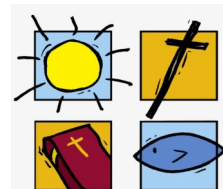
Kindergarten: 8
 1st-2nd Grade: 10 (four in 1st and six in 2nd)
 3rd-4th Grade: 19 (15 in 3rd and four in 4th)
 5th-6th Grade: 4 (one in 5th and three in 6th)
 7th-8th Grade: 14 (eight in 7th and six in 8th)

We are well on our way in actively rebuilding, strengthening, course correcting, and resetting the management and academic systems, all for the purpose of elevating the faith, academic, and social-emotional lives of our students and families.

(continued above)

God is and will continue making all things new here at Atonement Lutheran School. We ask that you keep our students, staff, families, and church community in your prayers as we head into the 25-26 school year, celebrating community, unity, and newness in Christ.

Blessings and newness in Christ, Principal J



SUNDAY MORNING EVENTS

Sept. 7 - Sunday School resumes

Sept. 7- God's Work, Our Hands with GRC

Sept. 14 - Donuts in the Garden after church

Sept. 21 - Creation Care in the Family Room

Sept. 28 - Kick-off to Atonement's Anniversary Celebration. Reception in the Family Room.

Oct. 5 - Adult Forum, Topic: Alzheimer's



Have a question about your phone, tablet, computer, or other device? Are you fifty years of age or older? If so, the Oasis Technology team can help you at one of its FREE Ask a Techie sessions. They're held weekly at 1:00 p.m. at Northwest Plaza on Mondays and the Center of Clayton on Tuesdays. Please see upcoming dates scheduled at Atonement (all beginning at 10:00 a.m.**)

These sessions are led by Jordan Carr (Oasis Technology Director) and David Cole (Oasis Technology volunteer and Atonement member). Class size is limited, and registration is required. Please sign up by calling (314) 862-2933 or registering online at stloasis.org/tech.

** Sept. 8

*Lutheran Church of the Atonement
1285 North New Florissant Road
Florissant, MO 63031*

Return Service Requested

September 2025 Newsletter

*Deadline for the
October issue
12:00 Noon
Wednesday, Sept. 9*



*Everyone is
WELCOME HERE*

FREE SERVICES:

- ✓ Flu and Covid Shots - *The Medicine Shoppe*
- ✓ Blood Drive - *ImpactLife*
To schedule an appointment,
scan QR code or call ImpactLife
at 800-747-5401

**Annual
COMMUNITY
HEALTH AND
RESOURCE FAIR**

**Saturday, September 20, 2025
9:00AM - 1:00PM
Lutheran Church of the Atonement
Fellowship Hall
1285 N. New Florissant Road, Florissant, MO 63031
For more information, Joyce Pingel (314) 740-2137**

✓ **MANY OTHER VENDORS**

*Nurses
Call
the
Shots*

Created with PhotoMyWall.com